



NORFOLK, VA MAR 13-15 2026

FRIDAY, MARCH 13TH

EARLY REGISTRATION HOURS: 6:00AM-7:00PM

(MAIN STAGE- MAIN BALLROOM)	(GRANDBY BALLROOM- STAGE 2)
TEEN SOLOS + TN/SR DUO-TRIO 7:00AM-12:30PM AWARDS	
SENIOR SOLOS 1:00PM-7:00PM AWARDS	JUNIOR & PRE-TEEN SOLOS + JR DUO-TRIO 12:00PM-5:45PM AWARDS
TEEN/SENIOR SM. GROUPS 7:30PM-11:00PM AWARDS	

SATURDAY, MARCH 14TH

REGISTRATION HOURS: 7:00AM-2:00PM

MINI (GRANDBY A-C)	JUNIOR (GRANDBY D-E)	PRE-TEEN (MAIN BALLROOM E)	TEEN (MAIN BALLROOM F-H)	SENIOR (MAIN BALLROOM A-D)	TEACHER (MOMENTUM)
BALLROOM OPENS 7:45AM	FACULTY INTRODUCTIONS 7:45AM				
KAILI Warm Up & Jazz 8:00-8:45	JOEY Warm Up & Progressions 8:00-8:45	ALEXA Warm Up 8:00-8:40	ADRIAN Warm Up & Progressions 8:00-8:45	KURTIS Ballet 8:00-8:45	
KURTIS Ballet 8:45-9:30	ALEXA Contemporary 8:45-9:30	KAILI Street Jazz 8:45-9:30	RYAN Tap 8:45-9:30	EUGENIA Contemporary 8:45-9:30	TEACHERS MEETING 9:00-10:00
BREAK 9:30-9:45	BREAK 9:30-9:45	BREAK 9:30-9:45	BREAK 9:30-9:45	BREAK 9:30-9:45	
SORAH Hip Hop 9:45-10:30	RYAN Tap 9:45-10:30	KURTIS Ballet 9:45-10:30	ALEXA - AUDITIONS 9:45-10:45	JOEY Musical Theatre 9:45-10:30	
RYAN Tap 10:30-11:15	KAILI Street Jazz 10:30-11:15	BROOKE - AUDITIONS 10:30-11:30	SORAH Hip Hop 10:45-11:30	ADRIAN - AUDITIONS 10:30-11:30	
EUGENIA Jazz & Finale 11:15-12:15	LUNCH 11:15-11:45	LUNCH 11:30-12:00	LUNCH 11:30-12:00	LUNCH 11:30-12:00	
	BROOKE - AUDITIONS 11:45-12:45	ADRIAN Jazz 12:00-12:45	JOEY Musical Theatre 12:00-1:00	RYAN Tap 12:00-12:45	
	EUGENIA Contemporary 12:45-1:30	RYAN Tap 12:45-1:30	BROOKE Jazz 1:00-1:45	SORAH Hip Hop 12:45-1:30	
2:30PM-7:30PM	MINI/JUNIOR/PRE-TEEN+ TEEN PRODUCTIONS COMPETITION AWARDS				
8:15PM-11:00PM	TEEN/SENIOR COMPETITION AWARDS				

SUNDAY, MARCH 15TH

EARLY REGISTRATION HOURS: 7:00AM-1:15PM

JUNIOR (GRANDBY D-E)	PRE-TEEN (MAIN BALLROOM E)	TEEN (MAIN BALLROOM F-H)	SENIOR (MAIN BALLROOM A-D)	TEACHER (GRANDBY A-C)	PARENTS
KAILI Warm Up & Progressions 8:00-8:45	EUGENIA Warm Up & Contemporary 8:00-8:45	ALEXA Warm Up & Contemporary 8:00-8:45	KURTIS Warm Up & Structured Improv 8:00-8:45	ADRIAN Progressions 8:00-8:45	BROOKE Parent Performance (MOMENTUM BALLROOM) 8:00-8:45
SASHA Ballroom 8:45-9:30	JOEY Musical Theatre 8:45-9:30	EUGENIA Contemporary 8:45-9:30	ADRIAN Jazz 8:45-9:30	KURTIS Structuring Studio Curriculum 8:45-9:30	SORAH Parent Grooves (MOMENTUM BALLROOM) 8:45-9:30
BREAK 9:30-9:45	BREAK 9:30-9:45	BREAK 9:30-9:45	BREAK 9:30-9:45	BREAK 9:30-9:45	BREAK 9:30-9:45
KURTIS Ballet 9:45-10:30	SASHA Ballroom 9:45-10:30	ADRIAN Jazz 9:45-10:45	BROOKE Jazz 9:45-10:30	EUGENIA Dance After High School 9:45-10:30	EUGENIA Dance After High School (GRANDBY A-C) 9:45-10:30
JOEY Musical Theatre 10:30-11:15	SORAH Hip Hop 10:30-11:30	KURTIS Ballet 10:45-11:30	ALEXA Contemporary 10:30-11:30	BROOKE Stretch & Strengthening 10:30-11:30	
LUNCH 11:15-12:00	LUNCH 11:30-12:15	LUNCH 11:30-12:15	LUNCH 11:30-12:15	TEACHERS' LUNCHEON 11:45-12:45 (MOMENTUM BALLROOM)	
ADRIAN Jazz 12:00-1:00	ALEXA Contemporary 12:15-1:00	KAILI Street Jazz 12:15-1:00	SASHA Ballroom 12:15-1:00		
SORAH Hip Hop 1:00-1:45	BROOKE Jazz 1:00-1:45	SASHA Ballroom 1:00-2:00	KAILI Street Jazz 1:00-2:00		
SCHOLARSHIP PRESENTATION 1:45-2:00	SCHOLARSHIP PRESENTATION 1:45-2:00	SCHOLARSHIP PRESENTATION 2:00-2:15	SCHOLARSHIP PRESENTATION 2:00-2:15		
SCHOLARSHIP FINALE & CLOSING SHOW- 2:30PM					